



NEWSLETTER



H&I LEARNING DAY

Saturday June 19 NA members of the Sunset Coast & Gulf Coast Areas attended the Sunset Coast learning day that was hosted by the Hospitals & Institutions subcommittee. H&I like many other subcommittees host a learning day once a year to help educate NA members about what exactly they do & how we can all be of service.

"H&I is the the first introduction of the fellowship for most addicts, that's why it's so important. I got my first glimpse of hope from members who brought a meeting into the detox facility I was at & I will forever be grateful. I remember thinking, if they can do it...maybe I can too!"

There were tshirts available, guest speakers who shared their experience with H&I, fellowship & a funny skit. It was a fun day filled with unity. The subcommittee held a book drive at the event, where they sold 30 basic texts that will be donated to facilities in the area! If you or someone you know is interested in getting involved in this area of service, the subcommittee meets at 10am on the 1st Sunday of each month at The Last Connection, facility address can be found on the website or meeting list. There are also tshirts still available for sale if you're interested in purchasing one, please reach out to the chair Chris R. Or Vice Chair Amy S.

OTHER TOPICS INSIDE THIS ISSUE:

ANNIVERSARY CELEBRATIONS

WHY I STAY, ONE ADDICTS ESH

WANNA GET INVOLVED?

UPCOMING EVENTS





ANNIVERSARY CELEBRATIONS

**Come out to celebrate & hear our brother's & sister's share their
experience, strength, and hope! Congratulations all!
KEEP COMING BACK!**

Breakfast Club

Mary H. celebrating 6 years clean on 7/22

Get Naked

Nikki B. celebrating 2 years clean on 7/20

Life Without Bars

Ariana B. celebrating 4 years clean on 7/22

Gil R. celebrating 4 years clean on 8/12

Never Alone

Demi G. celebrating 3 years clean on 7/30

New Found Freedom

Natalie T. celebrating 1 year clean on 7/14

Gil R. celebrating 4 years clean on 8/4

My New Homegroup

Brian F. celebrating 33 years clean on 7/19

If your homegroup has a member celebrating clean time
please let us know so we can include it in the Newsletter

WHY I STAY

One Addicts Experience, Strength, and Hope

My name is Nikki B. and I am an addict. As I write this it is the eve before my 2 year anniversary clean and I have been asking myself the question “Why do I stay” all day in order to write this. There is no need to complicate it, I stay because being here, and staying clean is much better than the alternative...jails, institutions and death!

You see, I have been to jails, I have been to institutions and I have even experienced death and none of it has been nearly as rewarding as working the Narcotics Anonymous program. Looking back over the last 2 years, and in all honesty 8 years because that’s how long I have been in the rooms; I have gained so much life experience. Of course I can brag about materialistic things, but that’s not what I’m talking about right now. I want to talk about how NA has taught me to be a lady. I recently finished my first round of the 12 steps, and I remember when I asked my current sponsor to be my sponsor and we began step work how much admiration I had for her. She carries herself with such integrity, dignity and grace. I wanted that so bad. So what did I do? I worked really hard for 2 years not only on step work but more importantly on taking what I learned and applying it outside of the rooms. Today, I feel like those are some of the principles I live by too.

For me to stay stopped using drugs isn’t the only reason I stay anymore. I stay so that I can keep evolving into a better human in order to give back out into the world instead of constantly taking like I did in active addiction. Is it easy? No. Do I always feel like I am making changes in myself? No. Do I always feel rewarded? No. Is change messy and difficult? Yes. Do I want to give up sometimes? Yes. But I still don’t use no matter what.

Thanks for letting me share.

NEXT MONTH'S FEATURED TOPIC

Surrender...
Waving The White Flag

Wanna Get Involved?

Policy & Public Relations are struggling with support & would benefit from willing members of the area getting involved in service. If you or someone you know is interested in these areas of service all are welcome to attend!

Area Service

**2nd Sunday of the month 9:30 am
The Last Connection
2740 Bayshore Dr Suite 16
Naples, FL 34112**

Hospitals & Institutions

**1st Sunday of the month 10 am
The Last Connection
2740 Bayshore Dr Suite 16
Naples, FL 34112
HISunsetArea@gmail.com**

Public Relations

**Saturday Before Area 10 am
Zoom Platform
Meeting ID: 831-5040-5355
Password: UNITY
PRSunsetCoast@gmail.com**

Activities

**Last Sunday of the month 9 am
The Last Connection
2740 Bayshore Dr Suite 16
Naples, FL 34112
ActivitiesSunsetCoast@gmail.com**

Policy

**Contact
Susan C.
239-465-6569
SunsetCoastPolicy@gmail.com**



Upcoming Events



JOIN US AT

Beach Unity Day

\$10

WRIST BANDS

No Addict Will Be Turned Away

SUNDAY SEPT. 12, 2021
10 AM-3 PM

FOOD•FUN•FELLOWSHIP•AUCTION

DELNOR WIGGINS STATE PARK

11135 Gulf Shore Drive Naples, FL 34108
Pavilion #6

PARK CHARGES \$6 PER VEHICLE & CLOSES ONCE IT'S AT
MAXIMUM CAPACITY CARPOOLING IS ENCOURAGED

IF YOU HAVE ANY QUESTIONS CONTACT:
JASMINE H. 239-238-5311
ACTIVITIES.SUNSETCOAST@GMAIL.COM

NA IS NOT AFFILIATED WITH THIS FACILITY