



# NEWSLETTER



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# BACK 2 THE BASICS

Members Share Their  
Experience, Strength & Hope  
On Steps 1,2 & 3

## Step One

We admitted we were powerless over our addiction, that our lives had become unmanageable.

"This wasn't my first time working Step One. I've gone through the steps five or six times in my life. Starting a new round right when the lockdown started wasn't planned, but it was good timing. When everything happened, I tried to push back. I wasn't going to stay home, I wasn't going to let anyone tell me what to do.

But, working this step again, and talking to my sponsor, helped me better understand that in all things I need to surrender to win. When I try to force my will on things, stuff gets bad. And if I'd had my way, my life would have gotten very, very, very unmanageable. I could have gotten sick, gotten someone I care about sick, who knows! So, yeah, thankfully, I have the Steps in my life, and a good sponsor to talk about them with. Might not be here otherwise."

## Step Three

We made a decision to turn our will and our lives over to the care of God as we understood him.

"It's hard to view this one as an ACTION STEP, like my extremely dramatic sponsor tells me it is. I've never had to turn something over and take it like I'm doing something proactive. You say 'turn over' and it's like giving up the keys to your house, your car, your kids, whatever. But, that's not it. Right now, if I'm trying to exert control, I'm driving that car off the cliff, I'm burning that house down, I'm abandoning those kids, right? I need help. And I need to make the choice to allow my Higher Power to help me, instead of letting the drink and drugs tell me what to do."

## Step Two

We came to believe that a Power greater than ourselves could restore us to sanity.

"I finished Step One during a so-called 'break' from my 'essential job' and felt worn out. I was like, 'Okay, I surrendered, what now?' I was stuck at home and going crazy and then I got the news that I was going to be given less hours, but not let go, at work. Fortunately, my sponsor was on point with Step Two. Told me that Step Two was about hope. Hope that things can get better if I have a little faith in something that's not me and my self-will. I said, 'But I'm not super religious' and she said, 'That's fine, fortunately this is a spiritual, not religious program.' So we talked and I started to understand that, whatever my Power is, it can help me find hope in place of the shame, guilt, and sadness that had filled my life up until that point. I'm just accepting that things can be better for once - that in and of itself is a big change for me. No more hopelessness. Now I'm all about hope."

# NEWS FROM NAWS

**9 July**  
**11am–12:30pm PDT  
(18:00–19:30 GMT)**

**Please join us for a webinar about new ideas for Fellowship development.**

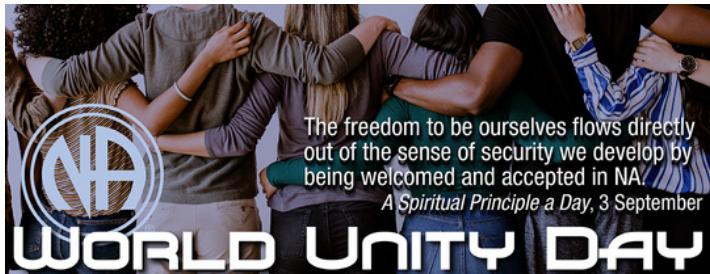
**We will hear from members around the world and have time for questions.**

**Fellowship development is planting a seed of hope.**


Spanish and Portuguese translation provided.  
Contact [wb@na.org](mailto:wb@na.org) if you require other interpretation.

Webinar ID: 876 6065 2792      Passcode: 1953



The freedom to be ourselves flows directly out of the sense of security we develop by being welcomed and accepted in NA.

A Spiritual Principle a Day, 3 September

## WORLD UNITY DAY

Saturday • 3 September 2022 • 12:30pm PDT  
19:30 GMT

Join NA members for a heartfelt expression of NA's worldwide unity as we take a moment to share the Serenity Prayer and reflect on our global Fellowship and our primary purpose: to carry the NA message to the addict who still suffers.

One way to celebrate would be to join fellow NA members in a virtual recovery speaker meeting on Saturday, 3 September, 2022  
11am–12:30pm, Pacific Daylight Time  
(18:00–19:30 GMT).

We hope service bodies will take this opportunity to plan livestream listening parties.

Webinar ID: 865 5633 3089      Passcode: 1953  
check here for details: [www.na.org/webinar](http://www.na.org/webinar)

# Upcoming Events

**7/23/22**

**GULF COAST AREA  
PUBLIC RELATIONS  
LEARNING DAY**

1:00-5:00 PM

**COMING OUT OF THE SHADOWS**

Back to Life  
Bridge to Recovery  
Believe That We Believe  
Clean and Serene  
Dare to Win  
End of the Road  
Filling the Void  
Goodfellas in Recovery  
Hot Topic  
Just for Today  
Just One More  
Keeping It Clean  
Last Stop  
Lehigh on Recovery  
New Beginnings  
Not Quite There Yet  
Reflections of Hope  
Safe Haven  
Saturday Night Live  
Sick as Our Secrets  
Sister's Journey  
Solutions in the Sand  
The Truth Will Set You Free  
The Ultimate Weapon  
Women Do Recover

**PHONE LINE TRAINING**

**SPEAKERS**

**RAFFLE**

Freedom Clubhouse  
6313 Corporate Court  
Fort Myers, FL 33919

Contact: Ted P 813-731-9688  
Bo 407-619-4959

**LUNCH**

**FELLOWSHIP**

**CLEAN TIME COUNTDOWN**

\*NA is not affiliated with the Freedom Clubhouse.

**Gulf Coast Area has asked for our support!**

**Bring a newcomer!**



**SOUTH BROWARD AREA CONVENTION OF NARCOTICS ANONYMOUS**

**SBACNA BACK TO LIFE - THE RESURRECTION - OCTOBER 28TH - 30TH, 2022**

**FREE Friday Night Costume Contest**

**Banquet \$60**

**FREE Saturday Night Masquerade Ball**

**Variety Show \$10**

**Pre-Registration \$25**

Accommodations: DoubleTree Hotel at SawGrass Mills in Sunrise, FL

Pre-Register, Get Your Tickets and Book Your Room at : **SBACNA.ORG**

Book Both Friday and Saturday Night to receive a video of a 1979 NA meeting held in Hollywood, CA featuring Our Founder Jimmy K. Send an email with proof to [conventionchair@southbrowardna.org](mailto:conventionchair@southbrowardna.org). Video can be picked up at Registration.

Contact Steve F. for any questions at : (914) 380-2083

## SFRCNA XXVI PRE-REGISTRATION

It's All About Love.



Friday, September 2, 2022 to Monday, September 5, 2022  
HYATT REGENCY HOTEL  
400 SE 2nd Avenue, Miami, FL 33131

Pre-Registration \$40 through June 18, 2022  
PRICE INCREASE to \$45 starting June 19, 2022

Registration/Banquet/Hotel Information



\*\*\*\*\*Deadline for Hotel Room Reservation is 08/12/2022\*\*\*\*\*  
\*\*\*\*\*Banquet tickets are \$75 each or \$750 for table of 10\*\*\*\*\*

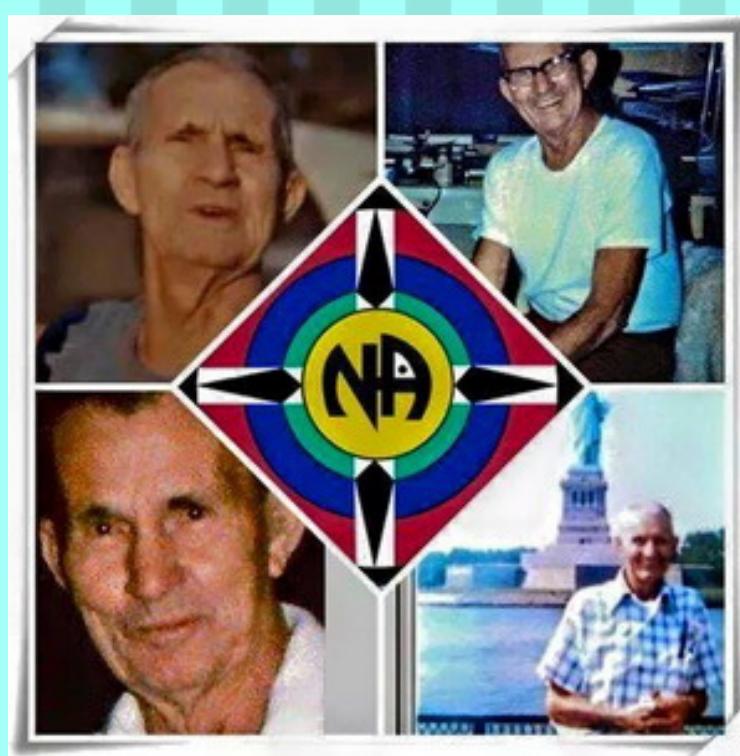
### TRUSTED SERVANTS ARE NEEDED FOR:

Merchandise (Chair)  
Auction (Chair)  
Treasurer (Chair)  
IT/Web Coordinator  
\*\*AND all Sub-Committees\*\*

### FOR MORE INFORMATION CONTACT:

John Z. Chair (954) 214-9000	Pete S. Vice Chair (941) 223-1765	Dana D. Programming (954) 588-3696	Jenn R. Registration (480) 313-7214	Katherine F. Marathon (863) 451-2206	Macey M. Hotel Liaison (561) 215-5703
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# Did You Know?



**When Jimmy K. was seven years old he befriended a local alcoholic whom he referred to as Mr. Crookshank. Jimmy would often find him drunk and beaten. One day he found Crookshank badly beaten up and unresponsive. Jimmy ran for help.**

**Over the following weeks Jimmy did not see Crookshank and, after numerous inquiries, his mother took him to see his friend. They went to an institution of which Crookshank was now a resident. He was wheelchair-bound and incoherent. Upon leaving the facility, Jimmy told his mother that when he grew up he was going to help people like Mr. Crookshank.**

# Get Involved!

## Area Service

**2nd Sunday of the Month**  
**9:30am**  
**The Last Connection**

## Public Relations

**Saturday Before ASC**  
**10am via Zoom**  
**PRSunsetCoast@gmail.com**

**Meeting ID: 831-5040-5355**  
**Password: UNITY**

## Policy

**Monday After ASC**  
**5:30pm via Zoom**  
**SunsetCoastPolicy@gmail.com**

**Meeting ID: 839-8391-3503**  
**Password: Policy**

## Activities

**Last Sunday of the Month**  
**9am**  
**The Last Connection**  
**Activities.SunsetCoast@gmail.com**

## Hospitals & Institutions

**1st Sunday of the Month**  
**10am**  
**The Last Connection**  
**HI.SunsetArea@gmail.com**